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# INPORT NEWS

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## ■ AIRPORT

## Flight school shot down

ALLAN BENNER  
InPort News Staff

PELHAM — After more than 30 years of teaching people to fly, the Welland Aero Center flight training program at Niagara Central Airport will soon be over.

The Niagara Central Airport Commission distributed a media release recently, announcing that it has ended its working relationship with the flight school run by Bruce MacRitchie.

Barb Butters, a Ward 4 Port Colborne councillor and chair of the commission, said the governing members "hoped that we would have been able to negotiate a satisfactory lease with MacRitchie so he could remain there with the flight school, but despite efforts on all sides we weren't able to do that."

see AIRPORT | page 2

## ■ EDUCATION

## Port High rallies support

ALLAN BENNER  
InPort News Staff

PORT COLBORNE — Dave Schaubel said he's been receiving about 30 to 40 e-mails a day since the people of Port Colborne and Fort Erie learned last week that their high schools will be included in an accommodations review.

The District School Board of Niagara trustees representing the two communities said all those e-mails are asking him not to close their high schools.

"But that has not, to my understanding, ever been the intent of an accommodation review," Schaubel said.

During the past few years, the same process has led to proposed school closures in Welland and two secondary schools in St. Catharines, including West Park and Katherineson Park.

"What I'm saying is that in the case of the elementary schools



DAVE JOHNSON Staff Photo

Port High is one of 10 schools under review by the DSBN for possible closure in the future.

where there were way to many schools, and the fact that students, some schools had to be closed as in Fort Erie, where we closed two schools and are retrofitting one because there really isn't enough money to build a new one," he said.

"But it's way, way, way too early to say if there is going to be any school closures at this point."

It's not too early for people — particularly, in Port Colborne — to start fighting for their public high school. Port High supports

parts of the school have set up a Facebook group called Save Port High — a group that already has 520 members.

There were 26 comments posted on a story about the closure on The Tribune's website, many from people concerned

about the school's future.

An online petition conducted by the newspaper had 165 voters saying the accommodation review would not result in the school's closure, compared to 118 votes saying it could close and 31 saying maybe.

An online petition at [www.change.org/petitions/save-port-high](http://www.change.org/petitions/save-port-high) has also garnered more than 85 signatures recently.

Even if the review does ultimately recommend the closure of Port High, something Schaubel doubts will happen — he vowed to fight tooth and nail to preserve the school.

I will, with every bit of my being, fight to keep Port Colborne High School open," he said. "Personally, there's nothing more important than that school closed, and I will fight any even remote possibility that says we're going to close Port High."

see EDUCATION | page 2

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■ EDUCATION: Anticipated cutbacks may mean less money for school renewal projects

# City, trustees work to keep high schools open

FROM PAGE 1

"I think it's absurd and I will fight with every fibre of my being to keep it open. I think it's the wrong move to do that."

Port Colborne Mayor Vance Badaway said the city will also work hard to keep Port High open.

Currently, however, Schaubel said there's no talk about school closures.

"I have not heard from any of the trustees or one of the seniors officials that there is

even a hint that we're closing schools. Obviously, we have too many students between the three high schools (Port, HPS, Hillside, Ridgeway, Crystal Beach and Fort Erie).

I don't know where that goes

where Fort Erie is concerned,

since two of the schools are in Fort Erie."

He said Port High is doing "as good if not a better job than the vast majority of all the secondary schools in the Niagara peninsula."

"I am nothing but amazed

by the programming opportu-

nities and educational opportunities that Port High does."

But the programs offered there and academic achievement of students likely won't be taken into consideration in the accommodation review, Schaubel added.

"It's more pupil space, building size, renewal cost."

Schaubel said his reasons for pushing for the accommodation review that includes schools in his jurisdiction in the hope of freeing up funding for those school.

If your school is up for

accommodation review, you can't spend any real money on that school," he said. "You do the things that are necessary, but you can't do anything extra, which means I have three secondary schools that are totally on hold financially because we can't do anything to them until the review is done. I want the review done."

Meanwhile, he said anticipated provincial government cutbacks will mean less money for any school renewal project.

"And my reason for promo-

ting and pushing this is that I really believe if there are monies available now, I want them. I'm not sure that that's going to happen, because next year is the year after."

Badaway said the city will be part of the accommodations review process, ensuring that Port High stays open.

"This is something that we continually work on with the Ministry of Education and the school board, to make sure they recognize what is happening with the region's growth plan — how it's really

driving a lot of the growth in the future to the south end of the region," he said.

He said the municipality has been told the board is aware of Port Colborne's initiatives that could also benefit students, such as the new Health and Wellness Centre twin-pad arena and indoor pool under construction on the city's east side.

It's a facility the students could take full advantage of rather than build components of that centre within the schools, he said.

■ AERO CENTRE: Diploma program with Niagara College in the works

FROM PAGE 1

The commission has given Welland Aero Centre and its seven staff members 60 days to wrap up operations at the airport, located on River Rd. in Pelham.

Butters said "it was not an easy decision to make."

"We had a lot of soul searching that went into it. What we were trying to have here was a fair deal with Mr. MacRitchie. But despite our efforts, we could not come to a conclusion that was satisfactory — and believe me we tried. It is unfortunate beyond measure."

Ward 6 Coun. Jim Larouche, one of Welland's representatives on the airport commission, said it was a "very, very tough decision" to end the commission's relationship with MacRitchie.

MacRitchie said he's "deeply disappointed" by the decision.

"I'm really hoping this can be resolved," he said, adding he hopes to have a better understanding of the situation by the end of the week.

That's something the commission is changing as well.

Butters said the commission signed a contract with a new airport manager — concluding a request for proposal process

that began last August. The new manager will be responsible for promoting the airport and bringing in more business.

"The new manager is going to look out there very actively looking to see what other folks there are that perhaps will want to do a flight school and whatever related businesses there are," he said. "It's kind of early days, but we're trying to move forward as quickly and efficiently as we can."

Ward 6 Coun. Jim Larouche, one of Welland's representatives on the airport commission, said it was a "very, very tough decision" to end the commission's relationship with MacRitchie.

MacRitchie said he's "deeply disappointed" by the decision.

"I'm really hoping this can be resolved," he said, adding he hopes to have a better understanding of the situation by the end of the week.

"I have commitments to instructors. I have commi-



Bruce MacRitchie, owner of the Welland Aero Centre at the Niagara Central Airport.

Foto photo

# portraits

**LIONS 82ND ANNUAL CARNIVAL**

Maxine Morgan, 1, was on a mission to win more stuffed animals at the Lions 82nd Annual Carnival in Port Colborne. The carnival has new rides and old favourites, including the Lions' donuts and waffles.



Arizona Miller, left, Savahanna Moscrip and her brother, Phenix Moscrip took some time out for a snack.

All pictures by VICTORIA GRAY in Port News



It took one-year-old Brock Sullivan a few attempts to figure out the fishing game at the Lions 82 Annual Carnival last Thursday night, but in the end he still won a prize.



Turner Rasch, 2, hit the rides at the carnival.

# INPORT NEWS

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## ourview

### New south Niagara hospital is best choice

**M**ost of the time, public-opinion survey results are nothing more than the cure for insomnia. They're useful enough, but often tell us less about what we think as a community than pollsters would have us believe. Take the polls before the recent Alberta election, for instance. The polling showed an easy win by the upstart Wild Rose party. The result? A commanding victory by the old-school Progressive Conservatives that left the Wild Rose party in the dust and the pollsters embarrassed.

Every once in a while, though, polls and surveys uncover something worth reading about if for no other reason than it exposes the contradictions inherent in human thinking: a few years ago, for instance, an Angus Reid poll showed that while most people believe that at least 25% of respondents also believe dinosaurs and humans lived together, it's a common delusion to say that the rain is dry, or Toronto Maple leafs are champions.

Which brings us to a survey about local health care. The survey, commissioned by Niagara Health system supervisor Kevin Smith, showed 76% of Niagara residents support a new hospital in the southern part of the region. Smith wants a new hospital to replace the aging facilities in Welland, Niagara Falls, Fort Erie and Port Colborne.

And here is where the survey results exposed a bit of cognitive dissonance in Niagara: Some 60% of respondents said they would not want to close the old ones.

Yes, it would be great if we all had full-service hospitals across the street. We've grown used to the idea haven't we? Every community, big or small, is accustomed to having a hospital within its borders.

But it's like jawaharlal Nehru once said: "Facts are facts and will not disappear on account of your like," and the facts are pretty straightforward. Our older hospitals are inefficient, have outlived their usefulness, were designed before the reality of super bugs like C. difficile and the rigors of 21st century medical care. Just maintaining them as they are is an expensive proposition. In this sort of cash-strapped era, there isn't much room to keep them open and in something new.

There is an undeniable emotional attachment to the community hospital. But what makes us feel comfortable and what is actually in our best interest are not often the same thing.

Niagara needs to start thinking like a region rather than isolated communities and make choices with the head, not the heart.

A new hospital for south Niagara is the best choice. Let the past rest easy while we move toward a better future.

[greg.lafleche@sunmedia.ca](mailto:greg.lafleche@sunmedia.ca)

## I'VE BEEN THINKING

# Drippy and droppy

REV. GORD ABRAHAM

Port Colborne Baptist Church

**O**ne of the memories our four adult children have of their late "Papa" is the imaginary, but very real, characters he invented for their bedtime listening.

There was rarely a time, when visiting us, that Dad was not asked for another story, perhaps the ongoing story of Drippy and Droppy. These characters are two water drops, travelling together all over the world on airplane wings, in rivers, on the paddles of canoes, on clouds and thunderstorms and wherever else dad's imagination would take them.

All our kids would be squished together around dad as he told the story and he looked part of the part.

The one amazing thing about these two droplets is that after all their ongoing adventures, they always came home by some process or travel and that was the signal that it was now time to go to bed. The end of the journey was always met with some sighs, groans and gentle complaints to continue the journey to new places. This is where mom and dad would call the kids to head off to bed, after prayers.

At the request of our kids, as they got older, and when "Papa" was

not present, I was given the task of continuing the tradition of sharing the adventures of Drippy and Droppy's to places unknown. Now I was under pressure to think on my feet, or better said, on my back.

I still don't really think I was the best at it because "Papa" was always the first choice for "Drippy and Droppy," whenever he was around. There must be something special about the telling of stories that give more flavor to the children.

Dad is no longer with us but his life and the tradition of Drippy and Droppy continues on in our adult children's lives with the telling of the adventures to their kids (our grandchildren).

Also, I have become the "Papa" and now, whenever the grandchildren come to our house, we pile on the bed and I become the teller of the ongoing tales. The ending of the story for the night is met by the same sighs and pleases for more, just as Dad experienced.

This life of story and relationships is not unlike the Lord Jesus who came as The Storyteller and The Story. After he suffered and died as a sin-bearer for sinners, He entered into the presence of His Father. He left us The Story of God seeking his creation to come back to him and another Story-Teller (His Holy Spirit) who would live within all those who trusted in Jesus alone. This Story

and the Storyteller can be discovered in the New Testament books of the Bible.

This Story, above all other stories, is well worth reading. In fact, it is absolutely essential for you to read this Story. The Story of God in Christ coming to reclaim and win back his Creation is The Story that gives meaning to all our stories. There is no other story that has this claim, even though many try.

The New Testament Writer and Doctor, Luke, introduced us to the Good (Good News Story of Jesus) with these words, "So many others have tried their hand at putting together a story of the wonderful harvest of Scripture and history that took place among us, using reports handed down by the original eyewitnesses who served this Word with their very lives. Since I have investigated all the reports in these details, starting from the beginning, I have decided to write it all out for you, most honorable Theophilus, so you can know beyond the shadow of a doubt the reliability of what you were taught." (Luke 1:1-4)

Over the summer months why not try reading the Story of Jesus. If you obey what The Storyteller says and does, then your story will be entirely changed for the good.

Call me for a New Testament and I will gladly give you a copy to read The Story for yourself.

## I'VE BEEN THINKING

# Above all else, God is love

FATHER DAVID GRAHAM SCOTT  
St. Ignatius of Antioch Orthodox Church

**O**ur diocesan parish life conference ended on July 1 at Charlottetown PEI, where Canada's confederation got started. My job was to lead the Bible Study sessions. This year the theme was the Bible as described by St John of Damascus (#27-749).

This was what St John said: "The Bible is a scented garden, delightful, beautiful; it enchants our ears with

birdsong in a sweet, divine and spiritual harmony; it touches our hearts, comforts us in sorrow, soothes us in a moment of anger, and fills us with eternal joy."

Our word paradise comes from the Greek word for garden. The Church Fathers thought of the Christian struggle for holiness as a return to Paradise, which the human race lost when Adam and Eve listened to the serpent and tried to become gods on their own terms.

But God not only exiled our first parents from Eden, he also promised

that the woman's seed would bruise the serpent's head. This seed was Jesus, born of the Virgin Mary, and he bruised the serpent's head when he healed the demon-possessed. And Jesus trampled down death by his own death on the cross.

Before Jesus died, one of the two criminals crucified with him asked him to remember him when he came into his kingdom. Jesus said, "Assuredly, I say to you, this man will be with me in Paradise" (Luke 23:43).

see I'VE BEEN THINKING | page 5

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## ■ I'VE BEEN THINKING

# Belief in universe requires faith

FROM PAGE 5

According to St John of Damascus, then, we who are alive can also be with Jesus in Paradise today, as we read the Bible, for the Bible is a garden, a Paradise, where the Holy Spirit sends his song into our hearts. His song is about Christ Jesus, the fully divine Word of God made fully human flesh. His song is about peace with God through Christ and holiness before God through his own divine power.

Most people read the first chapters of Genesis as if it were an apologetics textbook; it is not a chemistry or geology textbook; it is a garden of commandments, salvation history, poetry, prophecy, apocalyptic, proverbs, letters and good news. It is a garden whose colors and scents lead us to Jesus Christ and the salvation that he is.

The opening chapter of Genesis teaches us that light, darkness, sky, oceans, land, herbs, trees, sun, moon, birds, sea creatures, land animals and human beings all were but made by God the Creator of all things.

The second chapter starts by teaching us that we should live week by week,

seven days at a time, and rest on the seventh day. But if mankind was created on the sixth day, the seventh day was actually mankind's first day. God started us off with a holiday! God is love.

At once we might object that the universe is billions of years old, and so it is. But as far back as the fourth century, St Augustine taught that the six days of creation were periods of time, and that God created seed forms that developed into the various creatures over these periods of time.

The point of the first chapters of Genesis is that God is the Creator. Of course to believe this requires faith, faith that God spoke to Abraham, Moses and the prophets, and that God the eternal Word became human flesh and dwelt among us, full of grace and truth.

But to believe that the expanding universe of ten billion galaxies down to the smallest molecule, atom and subatomic particle all came about through chance requires even more faith. Indeed such a belief is incompatible with all of human experience of God's love, which we first knew in the garden of Eden and now know in the garden of the Bible.

## ■ WAKEBOARDING



Dylan Kirm gets some air off a jump at Niagara Boarder Pass.

DAVE JOHNSON Staff Photo

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# Jessica Winger embracing her native side

**J**essica Winger is a recent graduate of Lakehead University with a major in political science and a minor in indigenous law. She has also volunteered with an Aboriginal organization in order to research and improve Aboriginal policy within the Canadian government. She is a member of the Moose Cree First Nations.

**M**ichelle Pressé: Please tell us a little about who you are.

**J**essica Winger: I was born in raised in Moose Factory (northeast Ontario) and moved to Sudbury, and moved to Port Colborne when I was nine-years-old. My dad met my mother while teaching there, and decided to move to Port Colborne because we would have better opportunities and education than we would in the north.

**M**P: Did you experience any racism when moving to Port Colborne?

**J**W: A little bit. My family was one of the few Aboriginal families



Jessica Winger.

to move into the area. I remember getting small comments as a child, but up north in Moose Factory we were made fun of for being half white, but it was mostly teasing. Through my education now I'm comfortable with saying that I am an Aboriginal person I am proud of it.



**M**ichelle Pressé  
CANADIAN GIRL  
ITALIAN LIVING

**M**P: What have your parents taught you about mixed marriage?

**J**W: It's definitely noticed and my dad has always been very encouraging of us to embrace our Native side, and to also understand the history and prejudices.

**M**P: What is your opinion on the Canadian government's responsibility on Aboriginal Rights?

**J**W: It's a conflicted subject on both sides, but the Indian Act governs every act socially of an Aboriginal person's life. There's no other group in Canada that is governed and regulated as much as Aboriginals. It's a complex situation against the government that will always have complaints from either side. I think the

change needs to come from the community and even in the past few years, there have been news worthy debates that have come out, such as the housing situation in Attawapiskat. We can see things that have happened in the past year you can notice that the non-Aboriginal population has been frustrated with Aboriginal leadership, which can be just as corrupt and misguided. The change needs to come from within to live better on reserve life.

A professor of mine (at Lakehead) said that the Aboriginal population is 27 years behind the average Canadian population in terms of health, income, and education.

**M**P: What do you want to see happen in our schools in regards to the education about Aboriginal peoples?

**J**W: I feel that there is almost a revival because of the increase in classes, but I definitely feel that more should be done in teaching this because it is the history of Canada. Coming from up north,

I've learned these things through my family, and being educated down south and being the only Native person I was always kind of the one to have an opinion about it. I think for me it's families experience and what I know. People question why they are like that in Thunder Bay but it's because of a lack of education about the history. To me it's shocking. It's not a pretty past, but that doesn't mean it's not worth learning about. This is such a complex issue. I am still young and feel that I don't understand the depth of it, but I think there needs to be more understanding between each side. It's hard because I feel especially by seeing the north and south, there is a huge debate about "northern isolation." People don't know the life Aboriginal people are living and the hardships they face.

For more information or up to date news on Aboriginals in Canada, please visit <http://aptn.ca/pages/news/>

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## ■ CROSSLEY GRADUATES EARN HEALTH SCIENCE AWARDS



WAYNE CAMPBELL Staff Photo

Valerie Caster a Wainfleet business woman presented three health science awards to Katie Guzowski of Fonthill, left, Emma Giesbrecht of Wainfleet and Sarah Andrews of Fenwick. The awards were handed out during E.L. Crossley Secondary School's commencement. Caster said they are to encourage those going into medical fields to return to their rural communities after graduation.

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ART: Port Colborne gallery introduces new exhibit



VICTORIA GRAY Staff Photo

Dave Spengler, one of the members of Arts Place Gallery in Port Colborne, shows his painting called *The Gathering Gloom*, which is one of the many works by more than 15 different artists in the gallery's Summer Colours exhibition running until Aug. 5.

## Summer Colours on display

InPort News Staff

PORT COBORNE — As the dog days of summer hit, add some colour and flair.

Arts Place Gallery on King st. is introducing its first exhibit, Summer Colours, and would like to invite people to come by the studio and take a look at the work of more than 15 local artists, including Dave Spengler.

"We're trying to bring together a lot of colourful works from different artists this summer that haven't been shown here — or anywhere else," Spengler said.

"It's not just paintings either. We have sculpture, blown glass, digital work and wooden work and much more."

The gallery is open noon to 4:30 p.m. Thursdays to Sundays.

Spengler has three paintings for sale in the summer exhibit, including *The Gathering Gloom*, a painting he completed a few years ago during the Easter season. "The painting depicts the Crucifixion, but for Spengler it represents the death of all people."

"Even through the gathering gloom there's still light from the sky above where the stars shine," he said. "It shows there is something beyond the darkness."

There are also prints of paintings by the late Marty Prittle for sale. For more information call the gallery at 905-834-9060.

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FATAL: 20-year-old West Lincoln man killed

# Witnesses hoist car off man following rollover crash

ERICA BAJER

QMI Agency Niagara

WAINFLEET — A group of witnesses lifted a car off a man pinned following a single-vehicle rollover crash in Wainfleet Saturday.

Despite their efforts, the

20-year-old West Lincoln man died of his injuries. Niagara Regional Police said his name is not being released at the request of his family.

Vince Foggia saw the crash from his kitchen window on Lakeshore Rd.,

just west of Daley Ditch Rd., on the shores of Lake Erie.

"I saw the car miss the curve and lose control," he said. "The S-curve is very dangerous, if you blink, you miss it."

see CRASH | page 11



ERICA BAJER QMI Agency Niagara

A green mailbox remains on the ground near the site of a single-vehicle rollover that claimed the life of a 20-year-old West Lincoln man Saturday. The crash happened on Lakeshore Rd. near Wainfleet.

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■ CRASH: Car rolled a number of times

# 'I just saw this ball of steel flying through the air'

FROM PAGE 10

Foggia rushed outside to find a group of neighbours at the scene. "They were trying to lift the car off him," he said.

That's when Foggia went and got his small tractor, equipped with a front-end loader, and with the help of his neighbours they slowly

hoisted the car from the man.

"We basically took the weight off him," he said.

Neighbour Don Dussault also saw the crash, which happened at 8 p.m. "I just saw this ball of steel flying through the air," he said, noting the vehicle came to rest right-side up on the edge of the ditch.

He said everyone in the area snapped into action to try and help.

"It was the first time I've ever seen anything like that," he said. "We didn't save him, that's the sad thing."

Niagara Regional Police said the Volkswagen Golf was headed west on Lakeshore Rd. when the

driver failed to negotiate a bend in the road.

The vehicle veered out of the north side of the roadway and police said the driver over corrected, causing the car to roll a number of times.

The driver was ejected from the vehicle. He died at the scene.

Foggia said when the car

went into the ditch, he saw it turn back towards the released.

"(The ditch) acted like a ramp and the car got airborne," he said.

Three other occupants of the vehicle, a 19-year-old Dunnville man, an 18-year-old West Lincoln woman, and a 19-year-old West Lincoln man, were taken

to hospital, treated and released.

Foggia said the group had been at a beach prior to the crash.

The collision remains under investigation and police ask witnesses to contact investigators at 905-688-4111, ext. 5500.

*erica.bajer@sunmedia.ca*

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WAYNE CAMPBELL Staff Photo

Marie Both, Wainfleet graduate with the highest overall average, left, is congratulated by Wainfleet Alderman Betty Kone. She presented the Township of Wainfleet scholarship during E.L. Crossley Secondary School's 49th annual commencement. Both also won the Wainfleet Historical Society Award.



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## ■ CANAL DAYS

# Pirate-themed fun run fundraiser for autism

DAVE JOHNSON  
InPort News Staff

**PORT COLBORNE** — If you see pirates running along Port Colborne streets during Canal Days, don't panic.

"They're not out to plunder, rather they'll be out to help raise funds for the Niagara chapter of autism Ontario, during the second Canal Days Fun Run."

"It's a great cause to help

out," said event organizer Adam Bunz.

Funds raised go toward programming that helps people with autism and their families.

Last year, 70 fun run participants helped to raise \$3,200 for

autism Ontario.

This year, Bunz, a member of the St. Catharines Roadrunners and Walkers, would like to attract between 150 and 200 runners or walkers in the hopes of raising even more funds for

the organization.

The fun run is a five-kilometre run or walk and includes a Kids Fun Run, which is only 600 metres long.

Bunz, who owns down to the Wire, an event management

company specializing in race course setup for running races and triathlons, said the fun run for the children is a way to get the whole family involved.

see CANAL DAYS | page 14



DAVE JOHNSON Staff Photo  
Canal Days Fun Run organizer Adam Bunz hopes to get 200 runners and walkers out for the second five-kilometre run/walk during Canal Days this year. He's encouraging participants to dress up in pirate costumes for the event, which raises money for the Niagara chapter of Autism Ontario

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# Prizes for wearing costumes in fun run

FROM PAGE 13

"It's one loop through the park," he said of the kids' park.

The run is being held at H.H. Knoll Lakeview Park on

Saturday, Aug. 4, with the kids run starting at 8 a.m. and the five-kilometre run/walk starting at 8:15 a.m.

Awards are at 9:15 a.m. Bunn said there are prizes for wear-

ing costumes. Registration fees are \$40 for the five-kilometre run/walk and \$20 for the kids fun run.

For every \$50 raised, par-

ticipants will get their name on a ballot to win prizes that include a one-night stay at Best Western Plus Rose City suites in Welland, two Niagara Helicopter tickets, and two Marineland tickets, all partic-

pants who register by July 15 will be guaranteed a shirt, with the five-kilometre run/walk participants receiving technical T-shirts and the kids fun run receiving cotton t-shirts.

More information and online registration forms can be found at [www.canaldaystrun.ca](http://www.canaldaystrun.ca).anyone interested in volunteering, can contact Bunn at [infogracezone.ca](mailto:infogracezone.ca).



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■ COMMUNITY: Lakeshore, Notre Dame students take on Fort Erie renovation project

# Local teens make house a home for boy with cerebral palsy

DAVE JOHNSON  
InPort News Staff

FORT ERIE — Students from two high schools helped make life a bit easier for Brenda Henderson and her

nine-year-old son who has cerebral palsy.

In May and June of this year, as many as 15 students from the construction special- istic high skills major program at both Lakeshore Catholic

High School and Notre Dame Catholic School completed a \$25,000 renovation at Henderson's Fort Erie home.

"We're really grateful and really appreciate what they've done," said Henderson, as

three of the students presented her a book of before and after photos of the project.

Henderson said work done by the students, an equal split between the Port Colborne

and Welland schools, has helped her son become a little more independent in their Niagara Blvd. home.

"He can get his walker to his bed now."

The renovations, which

included roofing, electrical, finish carpentry and making it wheelchair accessible, have made things much easier, said Henderson.

see COMMUNITY | page 19

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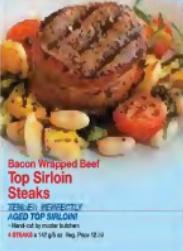
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**STEEL BUILDINGS - HUGE CLEAR SPAN** 20x20, 25x25, 30x20, 30x25, 35x25, 40x25, 50x25, 55x25, 60x25, 70x25, 80x25, 90x25, 100x25, 110x25, 120x25, 130x25, 140x25, 150x25, 160x25, 170x25, 180x25, 190x25, 200x25, 210x25, 220x25, 230x25, 240x25, 250x25, 260x25, 270x25, 280x25, 290x25, 300x25, 310x25, 320x25, 330x25, 340x25, 350x25, 360x25, 370x25, 380x25, 390x25, 400x25, 410x25, 420x25, 430x25, 440x25, 450x25, 460x25, 470x25, 480x25, 490x25, 500x25, 510x25, 520x25, 530x25, 540x25, 550x25, 560x25, 570x25, 580x25, 590x25, 600x25, 610x25, 620x25, 630x25, 640x25, 650x25, 660x25, 670x25, 680x25, 690x25, 700x25, 710x25, 720x25, 730x25, 740x25, 750x25, 760x25, 770x25, 780x25, 790x25, 800x25, 810x25, 820x25, 830x25, 840x25, 850x25, 860x25, 870x25, 880x25, 890x25, 900x25, 910x25, 920x25, 930x25, 940x25, 950x25, 960x25, 970x25, 980x25, 990x25, 1000x25, 1010x25, 1020x25, 1030x25, 1040x25, 1050x25, 1060x25, 1070x25, 1080x25, 1090x25, 1100x25, 1110x25, 1120x25, 1130x25, 1140x25, 1150x25, 1160x25, 1170x25, 1180x25, 1190x25, 1200x25, 1210x25, 1220x25, 1230x25, 1240x25, 1250x25, 1260x25, 1270x25, 1280x25, 1290x25, 1300x25, 1310x25, 1320x25, 1330x25, 1340x25, 1350x25, 1360x25, 1370x25, 1380x25, 1390x25, 1400x25, 1410x25, 1420x25, 1430x25, 1440x25, 1450x25, 1460x25, 1470x25, 1480x25, 1490x25, 1500x25, 1510x25, 1520x25, 1530x25, 1540x25, 1550x25, 1560x25, 1570x25, 1580x25, 1590x25, 1600x25, 1610x25, 1620x25, 1630x25, 1640x25, 1650x25, 1660x25, 1670x25, 1680x25, 1690x25, 1700x25, 1710x25, 1720x25, 1730x25, 1740x25, 1750x25, 1760x25, 1770x25, 1780x25, 1790x25, 1800x25, 1810x25, 1820x25, 1830x25, 1840x25, 1850x25, 1860x25, 1870x25, 1880x25, 1890x25, 1900x25, 1910x25, 1920x25, 1930x25, 1940x25, 1950x25, 1960x25, 1970x25, 1980x25, 1990x25, 2000x25, 2010x25, 2020x25, 2030x25, 2040x25, 2050x25, 2060x25, 2070x25, 2080x25, 2090x25, 2100x25, 2110x25, 2120x25, 2130x25, 2140x25, 2150x25, 2160x25, 2170x25, 2180x25, 2190x25, 2200x25, 2210x25, 2220x25, 2230x25, 2240x25, 2250x25, 2260x25, 2270x25, 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# Leaf Source

## STOPS PAIN WITHIN DAYS!

**"It works! I'll take another two bottles please!"**

This coming from a customer who had tried every other natural remedy under the sun in the past few years to take away her pain. Ian, the owner of The Healthy Cupboard couldn't believe his ears. He had finally found the perfect product to stop his customer's miseries. This is what every owner of a health food store dreams about, a natural product that receives so many outstanding testimonials on such a wide variety of health issues. "I had recommended a new product called LeafSource, which we recently started carrying. We have had tremendous success with this product, and almost everyone we have recommended it to over the last few months has come back and thanked us over and over again" said Ian. Before trying LeafSource, the woman had complained about her ongoing joint pain and was at her wits end. Although she had experienced some relief through the numerous natural remedies she had tried over the years, the pain would never fully go away. "She returned to my store, in tears, less than one week after buying LeafSource. I didn't know what to make of this woman standing in front of me crying, until she told me that within a few days of taking LeafSource her pain started to disappear and within a week it was completely gone - as if it was never there." Ian goes on, "This coming from a woman whose painful joints and ongoing sciatica were so bad just one week earlier, that the pain was unbearable but now has completely subsided." By now you are probably wondering what is LeafSource and why is it so effective? LeafSource is a 100% natural product derived from a proprietary organic mineral composite with over ten years of university research. LeafSource helps regulate the inflammatory process and the body's ability to repair itself. The vast majority (70 - 80%) of the population over the age of 50 have joint problems — often called osteoarthritis. This is due to the natural (or unnatural) wear and tear on joint tissue that develops through the aging process. With joint inflammation, movement is limited and pain can be constant. LeafSource seems to have the ability to help people get their mobility and zest for life

back. Millions of people seek treatment for their joint and inflammation problems by resorting to expensive, toxic prescription drugs (i.e. NSAIDs) with multiple side effects. These range from nausea and vomiting to serious intestinal disorders (bleeding, gas, pain) and even kidney and liver failure. Isn't that too large a price to pay for a little pain relief? LeafSource is a safe alternative to these destructive anti-inflammatory drugs that cause more problems than they solve. There are absolutely no side effects and it doesn't interfere with any other medications. Controlled experiments and observations have revealed that LeafSource is a potent anti-inflammatory that has been shown to bring a reduction to inflammation and pain within a few days. People notice great results in terms of more energy and less pain by taking anywhere from 2 to 6 capsules/day. Typical maintenance is usually 1 capsule twice daily. This product gets results! LeafSource is scientifically validated through more than 10 years of research at 4 universities, including the Department of Pharmaceutical Sciences, Mercer University. Aside from its incredible anti-inflammatory and pain reducing ability, it has also been shown to improve the performance of your daily nutrition and vitamin programs. It helps increase the absorption of vital nutrients, which in turn helps these nutrients work better. Better absorption = better results! It's almost as if they have become supercharged! LeafSource has also been shown to help enhance energy levels, improve intestinal health, strengthen hair, skin and nails and improve immune function. To see someone go from intense pain to a new lease on life within a week is truly incredible. Imagine being able to move freely without pain. Who wouldn't want to get out of bed in the morning with more energy? It's amazing how much of this stuff we take for granted, until it's gone! Ian adds, "I often recommend that LeafSource be taken with other natural joint products in order to help them work better and provide even faster relief. One of the things I hear most often from people who have tried LeafSource is they just plain feel better, have more energy and less pain. We're so confident, we guarantee LeafSource 100%! That alone should be enough to try this incredible product."



**LOSE THE  
PAIN**

**LeafSource**

**\$300  
OFF** 60's & 150's

**The Healthy  
Cupboard**

WITH COUPON EXPIRES JULY 28TH, 2012



**Tanya and  
Ian Birrell**  
Owners of  
The Healthy Cupboard

**NEW  
WEBSITE**

**TWO  
LOCATIONS!**

**PORT COLBORNE**  
101 CLARENCE STREET  
(across from Food Basics)  
**905 835.9806**

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**FONTENHILL**  
111 #20 EAST  
(Across from Sobey's)  
**905 892.9054**